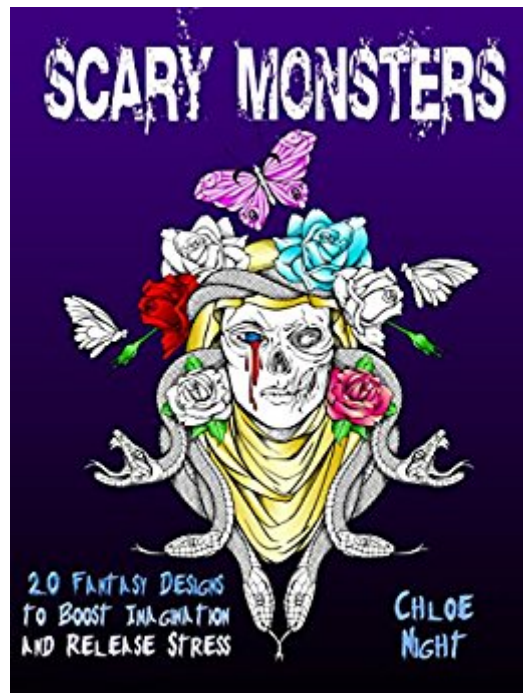


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# Scary Monsters: 20 Fantasy Designs To Boost Imagination And Release Stress (Meditation & Creativity)



## Synopsis

Coloring books aren't a new trend, but their increasing popularity may have you asking what on Earth is going on. While you may be tempted to think that this is a fast passing fad, you may be surprised to know that there are a vast number of benefits to be had from joining in on the adult coloring book trend. Our exclusive book shares just about everything you ever wanted to know about this budding craze. In addition to learning more about the benefits of coloring, you will find unique and creative pages so that you can try your hand at this new hobby! Whether you are looking to understand the coloring craze or whether you are looking to understand just why you love this new trend so much, this book explains it all! Forget the books that contain generic coloring designs and a paragraph about the benefits of coloring, this book delves into it all! Inside you will find plenty of amazing patterns as well as explanation of some of the benefits of coloring including: The increase of sociability A reduction of stress and anxiety An increase in focus An increase in fine motor skills After getting started on these unique patterns, you will find yourself spending more and more time enjoying the benefits of coloring! Don't Delay, Download This Book Today!

## Book Information

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## Customer Reviews

Dragons, scarecrow, octopus, a couple of skulls, and a one-eyed monster are some of the Shutterstock designs included in this coloring book. Only have two of them in other coloring books...so far. Had no problems with the download. The PDF will have one design per page, not two as shown on our Kindles. Although I do love the dragons, the rest aren't my kind of coloring designs...I do have a great-grandson who will probably love them. When we buy coloring books in stores we can look inside to see if we like the designs and check for any designs we already have. WHY Not Here On ??

This has been one of my favorite coloring books by far I love the designs. Each page is complex but easy enough to complete in one sitting. I have nearly completed the book and will buy some of the other books in this series. One thing about this book is the paper is really nice with a smooth texture that takes ink really smoothly with full coverage without requiring going over multiple times. The pages are perforated so they can be removed and used as journal pages or framed. I use markers and unfortunately they bleed through the page so the reverse of the page is dotted up with bleed-through but there isn't much help for that. Also, the designs are all different but have similar design elements from page to page so the lack of variety in the details might not appeal to some, Otherwise I love the book myself and highly recommend it. I used a wide variety of pens - sharpies, color pencils and gel pens.

Great free coloring book. I ran across this when looking for adult coloring books. With it being a kindle book it has a download link in it so I can print out the hard copies to color.

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